

# Hepatitis E in Italy

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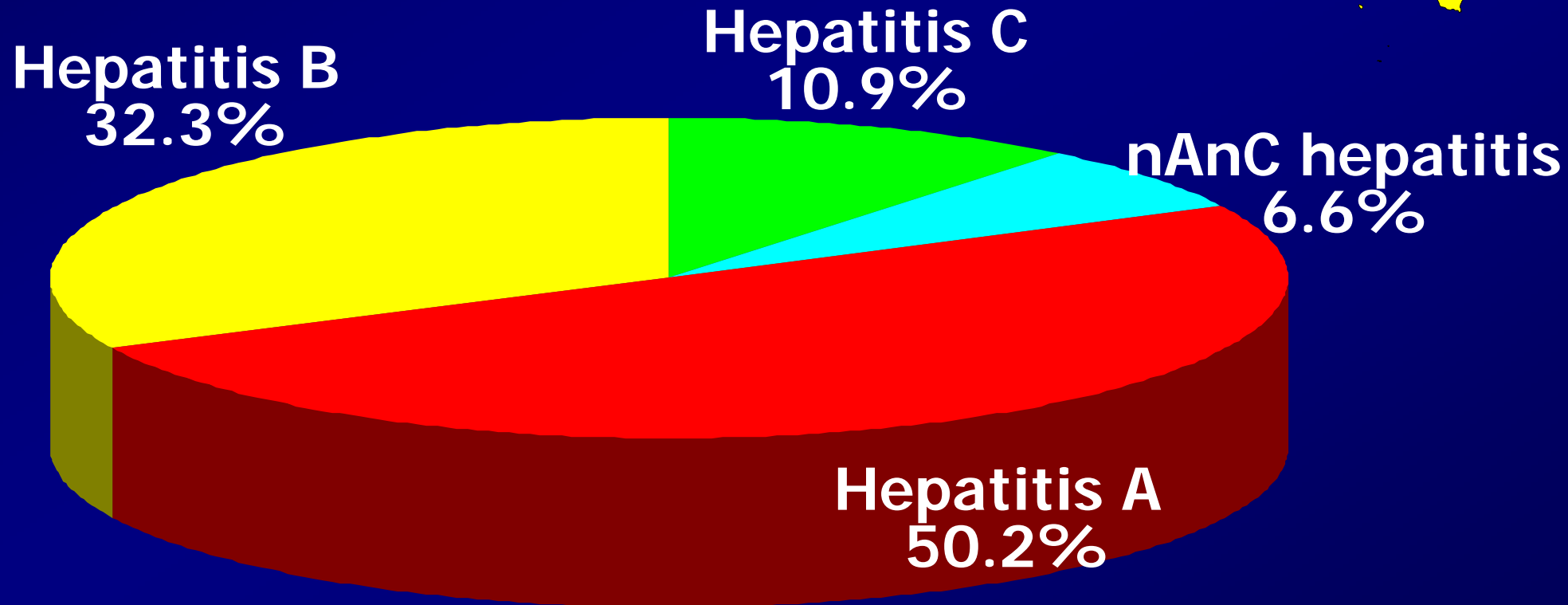
*University of Milan, Italy*

# Viral hepatitis in Italy

*(60 million inhabitants)*



2,500 new cases/year of acute viral hepatitis  
(i.e. 4.2 per 100,000 inhabitants)



# Anti-HEV prevalence in Italy



## % anti-HEV

### North

### Centre

### South/Islands

Milan (0.95\*)

Florence 1.4

Foggia 3

Genoa 1.3

S.Marino 2.3

Catania 3

Venice 2.6

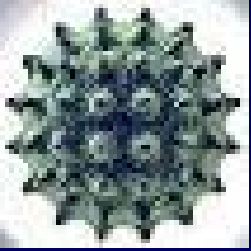
Latina 3

Cagliari 5.4

Messina 6.2

**Higher rate among IVDUs** especially those infected with HIV, homosexuals and those with chronic hepatitis C.

\* confirmed by WB



# Hepatitis E in Italy

**Site:** Institute of Virology, University of Milan

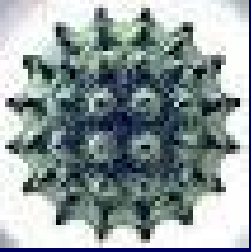
**Period:** January 1994 – December 2008

**Study population:** **601** consecutive pts with acute nAnC hepatitis  
(negativity for IgM anti-HAV, HBsAg, IgM anti-HBc, anti-HCV, HCV-RNA and exclusion of autoimmunity, alcohol or hepatotoxic drugs)

**Gender:** 61.5%M, 38.5%F

**Age:** mean 36.8 yrs, median 35 yrs, range 1-79 yrs

**ALT:** mean 1582 IU/L, median 1207 IU/L, range 101-12520 IU/L



# Acute hepatitis E: case definition

## Detection of:

HEV RNA in sera or stools by nested RT-PCR

OR

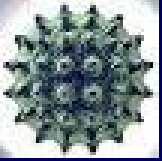
IgM anti-HEV

OR

Seroconversion to anti-HEV IgG

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To identify risk factors, all patients were interviewed with a pre-coded questionnaire



# Laboratory diagnosis of hepatitis E

**122/601 (20.3%)** pts were diagnosed with acute hepatitis E

83% males; median age 31.5 yrs (3-68 yrs);  
ALT median peak 2106 IU/L (122-12290 IU/L)

**122**

IgM and IgG anti-HEV +

**81\*** (66.4%)

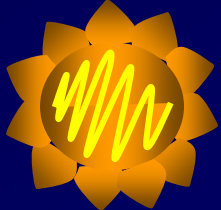
HEV RNA + (serum samples)

**37\*\*/601 (6.2%)**

IgG anti-HEV +  
but both IgM anti-HEV  
and HEV RNA -

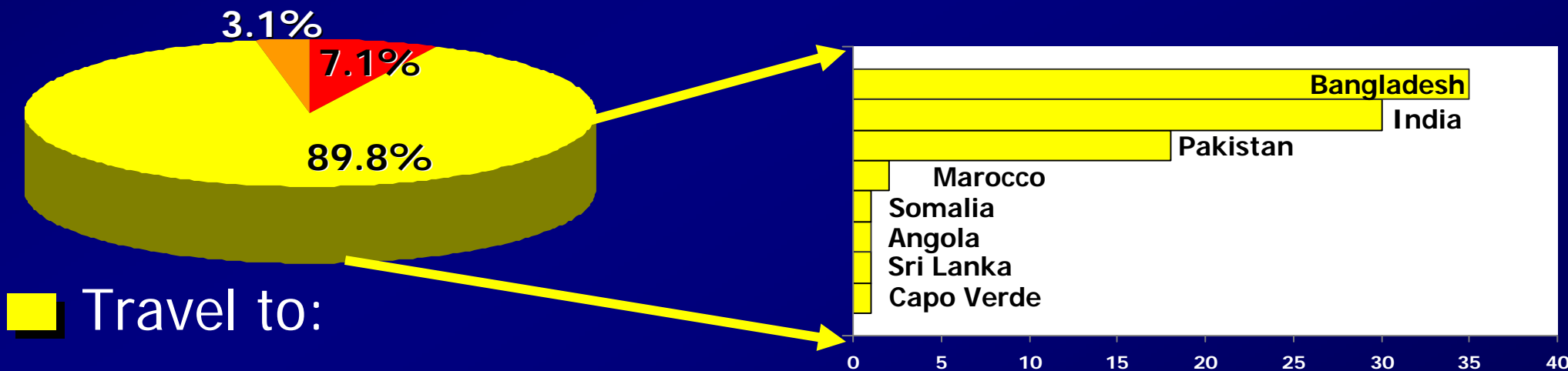
\* Stools available from 36/81 patients were also HEV RNA +

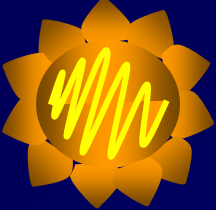
\*\* 44.8% of these patients were immigrants from or travelled to endemic areas



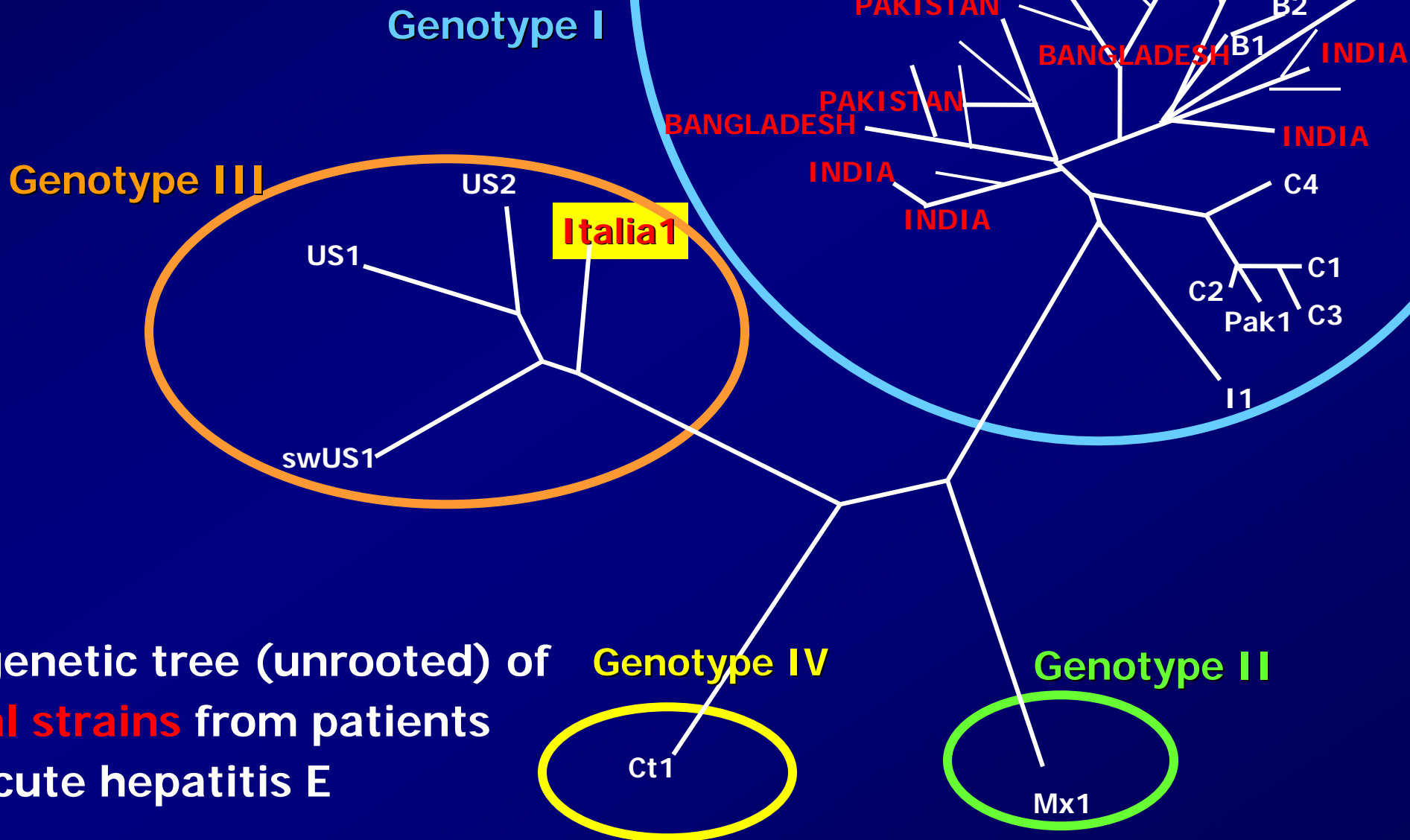
# Risk factors associated to hepatitis E

- Unknown
- Contact with an infected patient





# Hepatitis E in Italy: Results



# HEV RNA among farming swine and wild boars in Northern Italy



Animals	N° samples tested	HEV RNA + (RT-PCR)
<sup>a</sup> Randomly selected pigs*	274 stools	115 (42%)
<sup>b</sup> Killed wild boars	88 bile	22 (25%)

\* from six different swine farms

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<sup>a</sup> Di Bortolo et al, *Vet Microbiol* 2008  
<sup>b</sup> Martelli et al, *Vet Microbiol* 2008

# Viral hepatitis E in Italy

## Conclusions - 1

- ✓ Acute clinically overt hepatitis E is quite uncommon in Italy, accounting for approx 1.2% of cases yearly reported to the surveillance system (approx 30 cases/year).
- ✓ Most acute hepatitis E are travel-related.
- ✓ Sporadic cases of non-travel related hepatitis E have been reported in non-endemic areas, including Italy.

# Viral hepatitis E in Italy

## Conclusions - 2

- ✓ Non-travel related diseases are usually caused by genotype 3.
- ✓ Wide-spread genotype 3 in pigs, wild boars and other mammals suggests that human infections may have zoonotic origin.

# Viral hepatitis E

## Conclusions - 3

- ✓ Discrepancies between anti-HEV prevalence and autochthonous hepatitis E incidence may be due to inapparent infections caused by native, attenuated HEV strains that rarely cause clinical diseases.
- ✓ Predilection of genotype 3-related disease for elderly and immunologically compromised individuals, adds weight to this hypothesis.