



Introduction of Perinatal Transmission of Hepatitis B

Viral Hepatitis Prevention Board Meeting

Noele Nelson, MD, PhD, MPH

Medical Epidemiologist

Division of Viral Hepatitis/NCHHSTP/CDC

June 1, 2017

Perinatal Transmission - Epidemiology

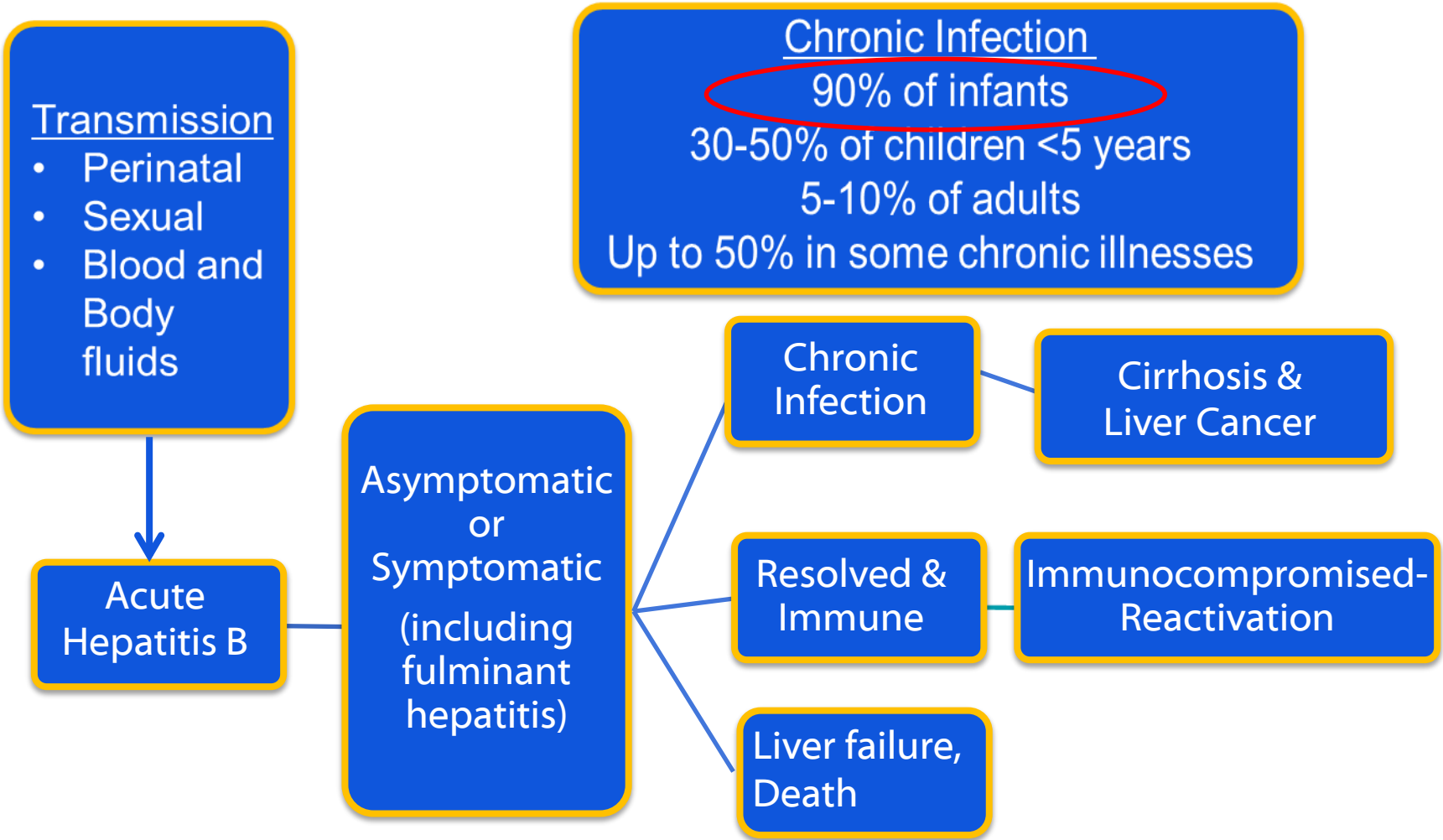
- Global:
 - In 2015, WHO estimates that 257 million people are chronically infected with HBV, and 887,000 people died from complications of HBV-related liver
 - Of the 257 million people infected, 9% (22 million) knew their diagnosis; treatment coverage was only 8% (1.7 million)
 - Mother-to-child transmission (MTCT) is responsible for more than one third of chronic HBV infections worldwide
- United States:
 - In the United States, 850,000–2.2 million persons are estimated to be living with HBV infection
 - Approximately 25 000 infants are born annually to hepatitis B infected pregnant women

WHO. Hepatitis B. Available at: <http://www.who.int/mediacentre/factsheets/fs204/en/>. Accessed May 31, 2017.

Roberts H, et al. Prevalence of chronic hepatitis B virus (HBV) infection in U.S. households: NHANES, 1988-2002. *Hepatology* 2016; 63(2):388-97.

Kowdley KV, et al. Prevalence of chronic hepatitis B among foreign-born persons living in the United States by country of origin. *Hepatology* 2012;56(2):422-33.

Natural History of Hepatitis B Virus (HBV) Infection



Mother-to-child Transmission

- Approximately 90% of infants of HBsAg-positive/ HBeAg positive women and 5%–20% of infants of HBsAg-positive/ HBeAg-negative women become infected without intervention
- The most important risk factor for MTCT is the maternal HBV DNA level
- Most MTCT infant PEP failures occur at thresholds of maternal HBV DNA levels of 10^6 to 10^8 copies/mL

Nelson NP, Jamieson DJ, Murphy TV. Prevention of Perinatal Hepatitis B Virus Transmission. J Pediatric Infect Dis Soc. 2014 Sep;3(Suppl 1):S7-S12.

Nelson NP, Easterbrook PJ, McMahon BJ. Epidemiology of Hepatitis B Virus Infection and Impact of Vaccination on Disease. Clin Liver Dis. 2016 Nov;20(4):607-628.

Pre-embryonic and Assisted Reproductive Therapy

- HBV has been detected in sperm, oocytes, and embryos
- Limited data suggest HBV transmission can occur in germline cells
- The risk of HBV transmission from persons with chronic HBV during assisted reproductive therapy is unknown; transmission possible
- Storage of cryopreserved sperm and embryos in the nitrogen vapor state, sperm washing, and double-sealing cryocontainers are suggested methods for reducing the possible risk of transmission

Prenatal

- The rate of intrauterine transmission is unknown but considered to be low
- The presence of maternal HBeAg (associated with higher HBV DNA levels) associated with prenatal transmission
 - HBeAg, only structural HBV protein that can pass through the placenta
- Transmission via amniocentesis has been reported at high HBV DNA levels
 - Not generally considered a risk factor

Intrapartum

- MTCT during delivery is most common
 - Exposure occurs through micro-transfusion or hematologic leaks of mother's blood to the fetus during contractions, or through inoculation of mucosal membranes or breaks in the skin (e.g., scalp electrodes)
 - Most studies find no difference in MTCT among babies delivered by operative/spontaneous vaginal delivery or caesarean section when the infants receive PEP
 - Caesarian section is not recommended for reducing MTCT in the US

Breastfeeding

- Markers of HBV are detectable in breast milk and colostrum from HBsAg-positive women
- Reported rates of HBV-infection among breastfed and non-breastfed infants are similar, although some studies did not account for maternal HBV DNA levels
 - Considerations: cracked or bleeding nipples

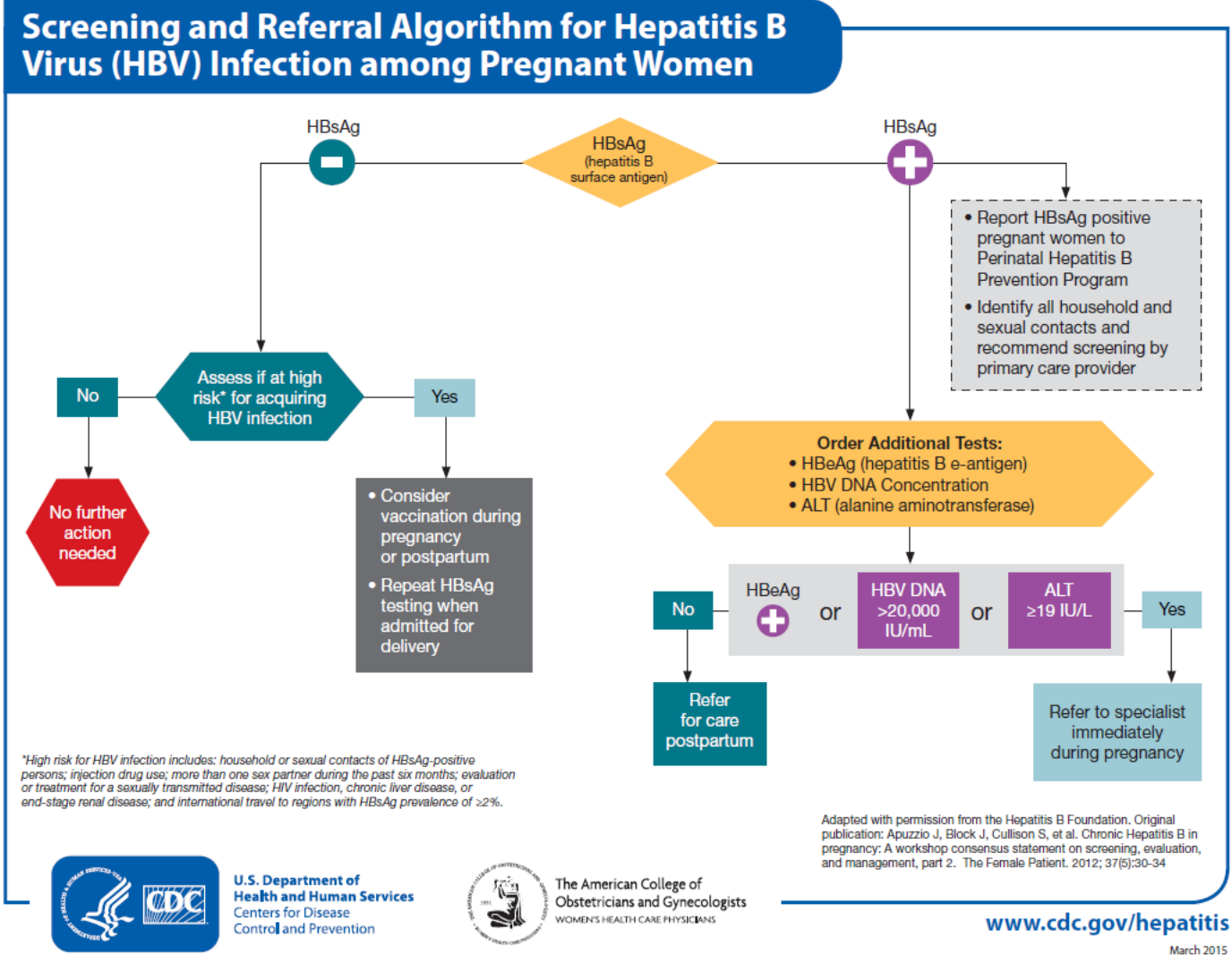
Strategies for Prevention

- Maternal screening
- Hepatitis B (HepB) vaccination at birth (with passive immunoprophylaxis [HBIG]) and completion of HepB vaccine series
- Use of antivirals for high risk HBV-infected pregnant women

Maternal Screening

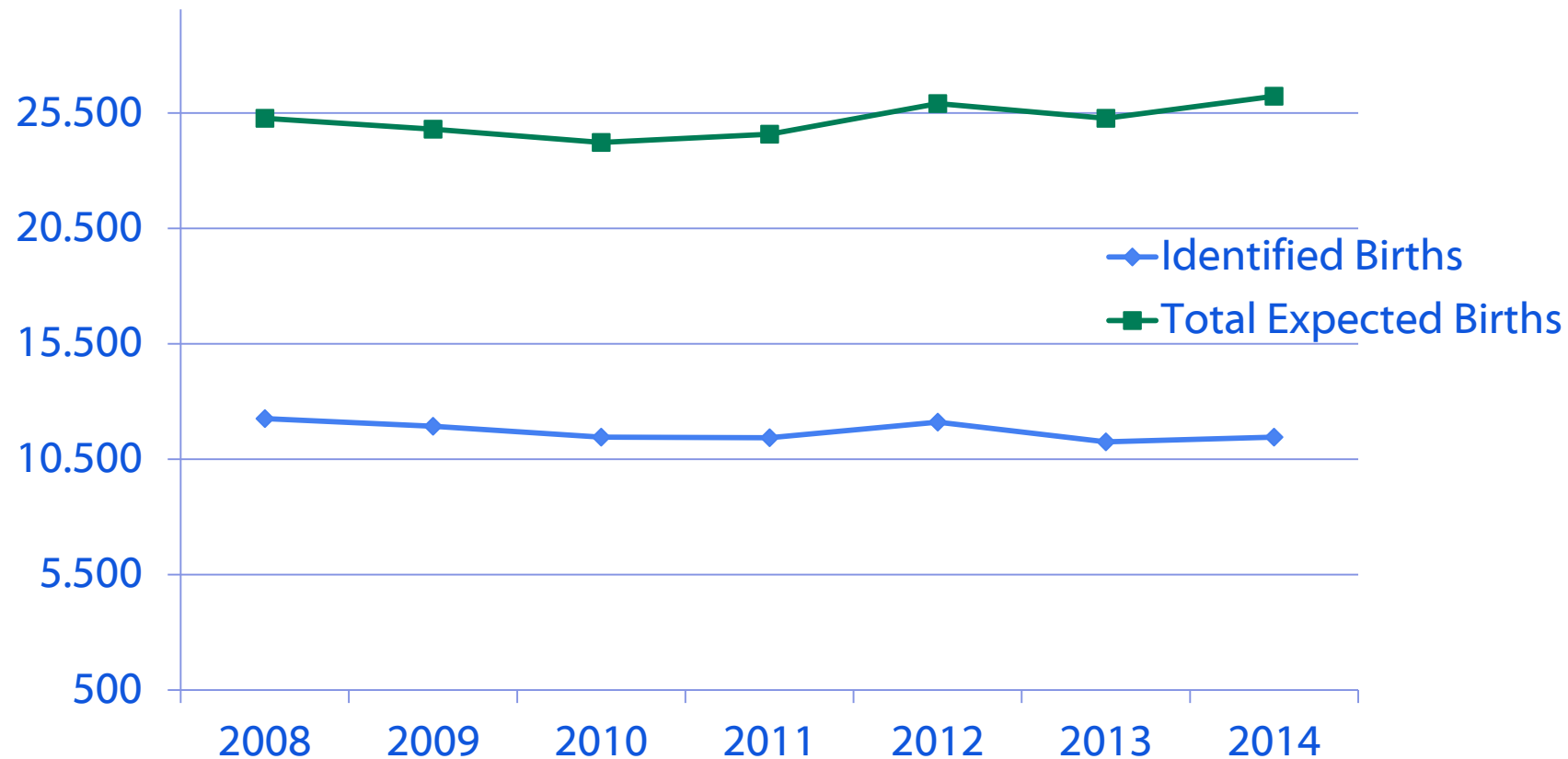
- Advisory Committee on Immunization Practices (ACIP) recommends screening pregnant women (including women previously vaccinated or previously tested) for HBsAg during the first prenatal visit of each pregnancy
- Retest mother at or prior to delivery if HBsAg-negative earlier in pregnancy but presents for delivery with a risk factor identified
 - >1 sex partner in previous 6 months
 - Evaluation or treatment for STD
 - Injection drug use
 - HBsAg-positive sex partner
 - Diagnosed with clinical hepatitis since last test

Pregnant Women Screening Algorithm



Identified U.S. births to Total Expected Births 2008-2014

- 2008-2014 Expected Birth Tables, DVH/NCHHSTP



Post-exposure Prophylaxis (PEP)

- Prevention of MTCT by PEP, consisting of administering HBIG and a monovalent HepB vaccine within 12 hours of birth, followed by completion of the vaccine series, has 85%-95% efficacy
- HBIG (passive immunoprophylaxis) provides a short-term increase (i.e., 3-4 months) in anti-HBs which might improve protection until the infant responds to vaccine
- WHO recommends HBIG as an adjunct to HepB vaccine starting within 24 hours of birth, although the added benefit of HBIG is less clear among term infants of HBsAg-positive, HBeAg-negative women
 - Worldwide, administration of HBIG might not be feasible, because of supply, safety, or cost issues
- PEP success relies on timely completion of a 3-dose HepB vaccine series

Universal Birth Dose

- Global: WHO recommends the use of monovalent HBV vaccination within 24 hours of birth, regardless of HBsAg status of the mother, followed by completion of the HBV vaccine series within 6 to 12 months as the most cost-effective strategy for the prevention and control of hepatitis B
- United States: ACIP recommends birth dose within 12 hours for infants born to HBsAg positive mothers
 - 24 hours for all infants born to HBsAg-negative mothers (ACIP approved)

Birth Dose – Safety Net

- The birth dose provides a “safety net” for
 - Infants of HBsAg-positive women not identified for post-exposure prophylaxis (PEP) because of:
 - Medical errors in interpreting or documenting maternal screening results
 - Failure to test women at delivery who are admitted without prenatal HBsAg test results
 - Infants who have contact with a HBsAg-positive caretaker or household member
 - Infants at risk for exposure after the perinatal period

HBIG and Hepatitis B Vaccine Efficacy

- For prevention of MTCT of hepatitis B virus the efficacy* of
 - HBIG and HepB vaccine combined is ~94%
 - HBIG alone is ~71%
 - Hepatitis B vaccine alone is ~75%

*Based on infants of mothers HBsAg-positive and HBeAg-positive

- MTCT occurs in 5%–15% of infants despite timely prophylaxis

Beasley RP, Hwang LY, Lee GC, et al. Prevention of perinatally transmitted hepatitis B virus infections with hepatitis B virus infections with hepatitis B immune globulin and hepatitis B vaccine. *Lancet*. Nov 12 1983;2(8359):1099-1102.

Lee C, Gong Y, Brok J, Boxall EH, Gluud C. Effect of hepatitis B immunisation in newborn infants of mothers positive for hepatitis B surface antigen: systematic review and meta-analysis. *BMJ*. Feb 11 2006;332(7537):328-336.

Hepatitis B Vaccine Coverage

- Global
 - In 2015, Birth dose coverage of hepatitis B vaccine, 39%
 - Three dose coverage of hepatitis B vaccine, 84%
- United States
 - In 2015, Birth dose coverage of hepatitis B vaccine, 72.4%
 - Three dose coverage of hepatitis B vaccine, 92.6%

Treatment During Pregnancy and Delivery

- The AASLD suggests antiviral therapy to reduce the risk of perinatal transmission of hepatitis B in HBsAg-positive pregnant women with an HBV DNA level $>200,000$ IU/mL
 - Quality/Certainty of Evidence: Low
 - Strength of Recommendation: Conditional

Clinical Trials

- Pan et al. Tenofovir to Prevent Hepatitis B Transmission in Mothers with High Viral Load
 - Enrolled 200 women with HBV DNA level >200,000 IU/mL
 - Non-breastfed infants received HBIg at birth and at week 4, and vaccine at birth, week 4 and week 24
- Jourdain et al. TDF To Prevent Perinatal Hepatitis B Virus Transmission: A Randomized Trial (iTAP)
 - Placebo-controlled, double-blind
 - Infants received hepatitis B vaccine (10 ug) at birth, 1, 2, 4 and 6 months, HBIg at birth

TDF Trial Conclusions (Pan et al.)

- At delivery, 68% of the mothers in the TDF group (66 of 97 women), as compared with 2% in the control group (2 of 100) had an HBV DNA level $<200,000$ IU/ml ($P < 0.001$).
- At postpartum week 28, the rate of MTCT was significantly lower in the TDF group than in the control group
 - intention-to-treat analysis (transmission 5% of infants [5 of 97] vs. 18% [18 of 100], $P = 0.007$)
 - per-protocol analysis (transmission 0 vs. 7% [6 of 88], $P = 0.01$)
- The maternal and infant safety profiles were similar in the TDF group and the control group

TDF Trial Conclusions (iTAP)

- 331 women (168 TDF, 163 placebo) enrolled
 - HBV DNA load at enrollment: 8.0 log₁₀ IU/mL (7.1, 8.5)
 - HBV DNA load at delivery: 3.9 log₁₀ IU/mL (3.0, 4.8) on TDF, versus 7.8 log₁₀ IU/mL (6.8, 8.5) on placebo
- 322 (97%) on-study deliveries (85 Cesarean, 26%)
- 323 live births
 - 320 (99%) infants received HBIG a median of 1.3 hours after birth
 - 322 (>99%) HB vaccine a median of 1.2 hours after birth
- In the primary complete case analysis at 6 months, 0/147 infants had HBV infection in the TDF arm versus 3/147 (2.0%) in the placebo arm (p=0.12)
- All 3 infected infants' mothers had HBV DNA >7.8 log₁₀ IU/mL at delivery

Elimination

- Perinatal transmission might be controlled or eliminated in regions with a combined strategy of:
 - Maternal screening,
 - Maternal antiviral treatment and
 - Infant post-exposure prophylaxis

References

- WHO position paper on hepatitis B vaccines - October 2009. *Wkly Epidemiol Rec* 2009; 84:405–20.
- Smith EA, Jacques-Carroll L, Walker TY, et al. The national Perinatal Hepatitis B Prevention Program, 1994–2008; *Pediatrics* 2012; 129:609–16.
- Edmunds WJ, Medley GF, Nokes DJ, et al. The influence of age on the development of the hepatitis B carrier state. *Proc Biol Sci* 1993; 253:197–201.
- Stevens CE, Toy PT, Tong MJ, et al. Perinatal hepatitis B virus transmission in the United States. Prevention by passive-active immunization.
- Zou H, Chen Y, Duan Z, et al. Virologic factors associated with failure to passive-active immunoprophylaxis in infants born to HBsAg-positive mothers. *J Viral Hepat* 2012; 19:e18–25.
- WenWH, ChangMH, Zhao LL, et al. Mother-to-infant transmission of hepatitis B virus infection: significance of maternal viral load and strategies for intervention. *J Hepatol* 2013; 59:24–30.
- Wiseman E, Fraser MA, Holden S, et al. Perinatal transmission of hepatitis B virus: an Australian experience. *Med J Aust* 2009; 190:489–92.
- Van Damme P, Ward J, Shouval D, Wiersma S, Zanetti A. Hepatitis B vaccines. In: Plotkin S, Orenstein W, Offit P, eds. *Vaccines*. China: Saunders; 2012: pp 183–204.
- Zhu YY, Mao YZ, Wu WL, et al. Does hepatitis B virus prenatal transmission result in postnatal immunoprophylaxis failure? *Clin Vaccine Immunol* 2010; 17:1836–41.
- Song YM, Sung J, Yang S, et al. Factors associated with immunoprophylaxis failure against vertical transmission of hepatitis B virus. *Eur J Pediatr* 2007; 166:813–8.
- Bai H, Zhang L, Ma L, et al. Relationship of hepatitis B virus infection of placental barrier and hepatitis B virus intra-uterine 3625–30.
- S.F. Schillie and T.V. Murphy, Seroprotection after recombinant hepatitis B vaccination among newborn infants: a review. *Vaccine*, 2013. 31(21): p. 2506-16

References

- Burk RD, Hwang LY, Ho GY, et al. Outcome of perinatal hepatitis-B virus exposure is dependent on maternal virus load. *J Infect Dis* 1994; 170:1418–23.
- Han L, Zhang HW, Xie JX, et al. A meta-analysis of lamivudine for interruption of mother-to-child transmission of hepatitis B virus. *World J Gastroenterol* 2011; 17:4321–33.
- Okada K, Kamiyama I. e antigen and anti-e in the serum of asymptomatic carrier mothers as indicators of positive and negative transmission of hepatitis B virus to their infants. *N Engl J Med* 1976; 294:746–9.
- Giles ML, Visvanathan K, Lewin SR, Sasadeusz J. Chronic hepatitis B infection and pregnancy. *Obstet Gynecol Surv*, 2012; 67: 37–44.
- Sun KX, Li J, Zhu FC, et al. A predictive value of quantitative HBsAg for serum HBV DNA level among HBeAg-positive pregnant women. *Vaccine* 2012; 30:5335–40.
- Pan CQ, Duan ZP, Bhamidimarri KR, et al. An algorithm for risk assessment and intervention of mother to child transmission of hepatitis B virus. *Clin Gastroenterol Hepatol*, 2012; 10: 452–9.
- del Canho R, Grosheide PM, Schalm SW, et al. Failure of neonatal hepatitis B vaccination: the role of HBV-DNA levels in hepatitis B carrier mothers and HLA antigens in neonates. *J Hepatol* 1994; 20:483–6.
- Bzowej NH. Optimal management of the hepatitis B patient who desires pregnancy or is pregnant. *Curr Hepat Rep* 2012; 11:82–9.
- Hu XL, Zhou XP, Qian YL, et al. The presence and expression of the hepatitis B virus in human oocytes and embryos. *Hum Reprod* 2011; 26:1860–7.
- Lutgens SP, Nelissen EC, van Loo IH, et al. To do or not to do: IVF and ICSI in chronic hepatitis B virus carriers. *Hum Reprod* 2009; 24:2676–8.
- Hadchouel M, Scotto J, Huret JL, et al. Presence of HBV DNA in spermatozoa: a possible vertical transmission of HBV via the germ line. *J Med Virol* 1985; 16:61–6.

References

- Nie R, Jin L, Zhang H, et al. Presence of hepatitis B virus in oocytes and embryos: a risk of hepatitis B virus transmission during in vitro fertilization. *Fertil Steril* 2011; 95:1667–71.
- Ye F, Jin Y, Kong Y, et al. The presence of HBV mRNA in the fertilized in vitro embryo of HBV patients confirms vertical transmission of HBV via the ovum. *Epidemiol Infect* 2013; 141: 926–30.
- Hieber JP, Dalton D, Shorey J, Combes B. Hepatitis and pregnancy. *J Pediatr* 1977; 91:545–9.
- Practice Committee of American Society for Reproductive Medicine. Hepatitis and reproduction. *Fertil Steril* 2008; 90 (5 Suppl):S226–35.
- Beasley, R.P., et al., Prevention of perinatally transmitted hepatitis B virus infections with hepatitis B immune globulin and hepatitis B vaccine. *Lancet*, 1983. 2(8359): p. 1099-102.
- Söderström, A., G. Norkrans, and M. Lindh, Hepatitis B Virus DNA during Pregnancy and Post Partum: Aspects on Vertical Transmission. *Scandinavian Journal of Infectious Diseases*, 2003. 35(11-12): p. 814-819.
- Zhang, L., et al., Breast feeding and immunoprophylaxis efficacy of mother-to-child transmission of hepatitis B virus. *J Matern Fetal Neonatal Med*, 2014. 27(2): p. 182-6.
- Shi, Z., et al., Breastfeeding of newborns by mothers carrying hepatitis B virus: a meta-analysis and systematic review. *Arch Pediatr Adolesc Med*, 2011. 165(9): p. 837-46.
- Linnemann, C.C., Jr. and S. Goldberg, Letter: HBAg in breast milk. *Lancet*, 1974. 2(7873): p. 155.
- Petrova, M., Breastfeeding and chronic HBV infection: Clinical and social implications. *World Journal of Gastroenterology*, 2010. 16(40): p. 5042.
- Lin, H.H., et al., Hepatitis B virus in the colostrum of HBeAg-positive carrier mothers. *J Pediatr Gastroenterol Nutr*, 1993. 17(2): p. 207-10.
- Hill, J.B., et al., Risk of hepatitis B transmission in breast-fed infants of chronic hepatitis B carriers. *Obstet Gynecol*, 2002. 99(6): p. 1049-52.

For more information, contact CDC
1-800-CDC-INFO (232-4636)
TTY: 1-888-232-6348 www.cdc.gov

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

